

# Health and Wellness Presentation



**“Raising Healthy Children”** *presented by* George Scott, EdS, LMFT  
**November 7, 2017 at 7:00 pm**  
**VHS Auditorium**

*Has there been an increase in the number of children prescribed, and taking psychotropic medication? Have there been increases in the number of suicides among children 10-21 and increases in the number of our children referred for psychiatric evaluations? And what about adolescents use of drugs/alcohol, or self-injury, or school refusal, or students failing in spite of immense potential? Are more of our children showing signs of depression and anxiety? Are we raising children with “flawed” biology or “flawed” neurology, or even “flawed” psychology? Is it hopeless and simply an indication of more misery to come? NO!*

*Our children are NOT flawed, and neither are their parents. The good news is there are solutions. With understanding comes insight. Interpretation drives intervention. When we know what the contributing factors are, then we are better prepared to make changes that benefit all of our children. Helping parents understand creates partnerships.*

*Today the news is filled with talk about Climate Change. Well, what about the climate in the home, or the climate in the school, or in the classroom? Has that climate changed and is that a contributing factor to student success. Is there anything we can do about this?*